

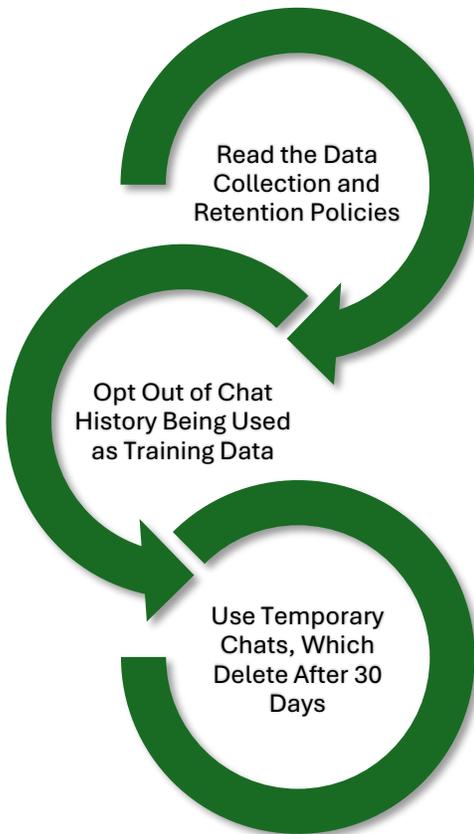
Data Privacy in the Age of Artificial Intelligence

Tips for Safely Interacting with Generative AI Models

Learn About the Limits of AI Interactions

- AI models are limited by their training data and may reproduce biases.
- Recognize the limits of AI – not all answers are correct – always verify!
- AI models can be sycophantic and may prioritize flattery over accuracy.
- Want to learn more about how AI sycophancy can lead to harmful spirals? Read CBC’s article “[AI-fuelled delusions are hurting Canadians. Here are some of their stories](#)”

Did you know?
Recent surveys report that almost half (47%) of Canadians have used AI tools.¹



Don't Reveal Your

Personally Identifiable Information (PII)

- Avoid entering PII into public AI tools.
- Your prompts may be used to train the AI model, which means it may reiterate the PII you input to other users.
- The risk of disclosing PII is higher when using AI chatbots for therapy, legal advice, or companionship.
- AI models could be subject to a cyber attack or data leaks that expose your PII or chat history.
- Read security and privacy policies to ensure the tool meets your safety standards.

Review your AI model account settings to **opt out of using your prompts as training data**. Regularly **delete your chat history** to limit your exposure to data leaks.

Other Helpful Tips for Safer AI Interactions

- Set parental controls on teen accounts and monitor activity for potentially harmful interactions.
- Close applications when you have completed your query.
- Report inappropriate behaviour or responses by chatbots.

¹ Leger, “Canadians’ Use and Views of AI Tools: Rapid Growth, Lingering Concerns”, (2025): <<https://leger360.com/in-the-news-canadians-use-of-ai-tools/>>

These tips are not intended to be a statement of the law and does not constitute legal advice. As these tips are for information purposes only, no person should act or rely upon this information without seeking legal advice.